































EMOTIONS VOCABULARY CHART

					
Confused	Smug	Surprised	Bored	Overwhelmed	Ecstatic
					
Nervous	Happy	Lonely	Confident	Embarrassed	Scared
					
Enraged	Lovestruck	Ashamed	Shocked	Sad	Hysterical
					
Disgusted	Shy	Gleeful	Exhausted	Angry	Silly
					
Anxious	Hopeful	Devious	Depressed	Playful	Invisible

Courtesy of Anastasia Pollock, LCMHC @ Life Stone Counseling Centers