



Box Elder School District

Dr. Ron Tolman, Superintendent
O. Jay & Tamra Call Education Center
960 South Main Street
Brigham City, Utah 84302

Dear Parents,

While checking the children at school, your child _____ was found to have head lice. Don't panic. The infestation of head lice will not lead to any other disease, nor does it mean that your child is dirty. Parents and teachers generally may become upset at the thought of head lice but it is a nuisance, not a plague. This condition, though troublesome, should not be the basis of irrational reactions or unkind remarks creating unkindness and mistreatment among children.

To prevent further spreading in the schools, this condition needs to be treated immediately. Your child may return to school after the first treatment. A second treatment may be required to kill any newly hatched lice that weren't killed or combed out during the first treatment.

Treatment of head lice is straightforward: kill the buggers and all their children (eggs).

KILL THE LICE

- Use a lice-killing agent on dry hair. Follow the package instructions carefully.
- A second treatment may be necessary in 7 to 10 days.

REMOVE THE NITS

- Use the special comb enclosed in the product package to comb out the eggs.
- Applying vinegar to the hair before combing will help loosen the glue substance that the nits are attached with thus making it easier to comb out the nits.
- Generally, picking them out by hand may be easiest and most effective.

STAY LICE FREE

- Machine-wash all washable personal items: clothing, towels, bed linens, in hot water. Dry in hot dryer.
- Vacuum all affected areas.
- Disinfect combs and brushes by soaking them in hot water for 15 minutes.
- Store all exposed (unwashable) items, such as stuffed animals, in plastic bags for two weeks.
- Inspect the child's hair daily for two weeks.

Alternative Suggestions -

An optional treatment, if the lice shampoo is ineffective, is to apply regular mayonnaise saturating the head, scalp, and hair. Cover the head with a plastic shower cap and leave it on overnight. In the morning, comb through the hair to remove dead lice and eggs. Wash hair as usual. Repeat this process nightly for 3-4 nights. Olive oil may be used also but it is expensive. Vaseline can be used but it is difficult to wash out.

Sincerely,

School Nurses
Box Elder School District

Office of the School Nurses

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